



That Day
(The Official Song of the Australian Bravery Association)
Written by Chaplain Jim Cosgrove

That day was just another day It started off the same
But then I guess my life changed when that fateful moment came
I know I could have walked away but don't you understand
You can't just walk away when there's someone who needs a hand.

They say my act showed bravery and showed great courage too
For me I thought I only did what anyone would do.
There was someone who needed help I happened to be there
I didn't think my act was brave I just showed that I cared

*So sing a song of Bravery, Sing a song with friends
Sing loud, sing with passion, resolve that never ends
Rejoicing in our unity no one can take away
We sing with pride because we cared and gave a hand that day.*

Sometimes these acts are dangerous but still you give a hand
Sometimes it's only afterwards you start to understand
Unwelcome memories can knock relentless at your door
And sometimes sleep evades you and you can't take any more

Thank God there's other folk out there who truly understand
There's other folk who struggle 'cause they also gave a hand
And when we get together well I don't feel quite so blue
We share a special unity 'cause they've all been there too.

*So sing a song of Bravery, Sing a song with friends
Sing loud, sing with passion, resolve that never ends
Rejoicing in our unity no one can take away
We sing with pride because we cared and gave a hand that day.*

Sometimes we saved a life and yes that feels real good inside
Sometimes despite our best attempts the other person died
Sometimes one of our number gave their own life in the cause
Just like those Anzac heroes we remember from the wars.

There are some people out there whose brave acts are never known
There's some who never get the praise for bravery they've shown.
We thank them for their selflessness and quiet humility
And with a simple prayer Lord we commend their hearts to Thee.

*So sing a song of Bravery, Sing a song with friends
Sing loud, sing with passion, resolve that never ends
Rejoicing in our unity no one can take away
We sing with pride because we cared and gave a hand that day.*

So thank you God for giving me the strength to lend a hand
And all those people out there may they come to understand
That we're just normal folk who helped a person in their need
If everyone did that we'd have a better world indeed.

*So sing a song of Bravery, Sing a song with friends
Sing loud, sing with passion, resolve that never ends
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